




United Behavioral Health

Services for Pregnant, Postpartum, and Parenting Women		Policy Identifier/Number: AD-25	
Annual Review Completed Date: January 2018			
Policy Category: Government – Pierce Regional Support Network	Applicable Lines of Business: Medicaid	Entity/Plan: Optum Pierce Behavioral Health Organization	State: Pierce County, Washington
Approved by: Bea Dixon, Executive Director		Signature: 	

Policy Statement and Purpose

Optum Pierce BHO will have one or more substance use disorder (SUD) agencies in the network that have expertise and experience in providing services to pregnant, postpartum, and parenting women and will ensure the minimum program requirements are met.

The purpose of this policy is to describe services available to Pregnant, Postpartum and Parenting Women (PPW) participating in outpatient SUD treatment services in the Optum Pierce BHO.

Policy Audience and Applicability

This policy is applicable to the Optum Pierce BHO and benefits administered through the Washington State Department of Social and Health Services (DSHS) current Prepaid Inpatient Health Plan (PIHP).

Policy Definitions

N/A

Policy Provisions

1. Pregnant and Postpartum Women and Women with Dependent Children (PPW) are defined as:
 - 1.1 Women who are pregnant;
 - 1.2 Women who are postpartum during the first year after pregnancy completion regardless of the outcome of pregnancy or placement of children;
 - 1.3 Women who are parenting children at least one of whom is age 6 or under, including those attempting to gain custody of children supervised by DSHS Division of Children and Family Services (DCFS).

Optum is responsible for adhering to all applicable state and/or federal laws governing activities within the scope of this policy, including the Mental Health Parity and Addiction Equity Act (MHPAEA) and the Health Insurance Portability and Accountability Act (HIPAA) privacy requirements, as well as the applicable requirements, standards and regulations as set forth by the Employee Retirement Income Security Act (ERISA), the Center for Medicare and Medicaid Services (CMS), the Department of Labor (DoL), and any applicable accrediting organizations.

2. The State is required to, in accordance *45 CFR 96.131*, ensure that each pregnant woman in the State who seeks or is referred for and would benefit from such services is given preference in admissions to treatment facilities receiving funds pursuant to the grant. In carrying out this section, the State shall require all entities that serve women and who receive such funds to provide preference to pregnant women. Programs which serve an injecting drug abuse population and who receive Block Grant funds shall give preference to treatment as follows:
 - 2.1. Pregnant injecting users;
 - 2.2. Pregnant substance users;
 - 2.3. Injecting drug users; and
 - 2.4. All others.
3. Optum Pierce BHO will publicize the availability of SUD treatment services to PPW at the SUD agency, as well as the fact that PPW receive priority admission.
4. Women participating in specialized PPW SUD services shall be treated as a family unit as much as possible.
5. Any behavioral health agency performing SUD assessments on the PPW population must, in addition to the standard assessment services and data elements, include a review of the gestational age of the fetus, the mother's age, living arrangements, and family support data.
6. Any pregnant woman who is in need of withdrawal management services and is unable to access residential treatment due to lack of capacity can be referred to a Chemical Using Pregnant program for admission, typically within 24 hours.
7. The following services shall be provided directly, or arrangements shall be made for the provision of the following services, with sufficient case management and transportation to ensure women and their children have access to these services:
 - 7.1. Primary medical care for women, including referral for prenatal care, while the women are receiving SUD services;
 - 7.2. Primary medical care for children;
 - 7.3. Primary pediatric care including immunization for children;
 - 7.4. Gender specific SUD treatment and other therapeutic interventions for women which may address issues of relationships, sexual and physical abuse, and parenting are provided;
 - 7.5. Provide childcare, directly or through arrangements with other public or nonprofit private entities, to individuals participating in assessment and treatment activities, and support activities such as support groups, parenting education and other supportive activities when those activities are recommended as part of the recovery process and noted in the Individual's service plan; and
 - 7.6. Referrals for therapeutic interventions for children in custody of women in treatment which may, among other things, address their developmental needs, their issues of sexual or physical abuse, and neglect.
8. Childcare services (*45 CFR 96.131*)
 - 7.1 Off-site childcare services (with the exception of care provided in the child's own relative's home) are to be delivered by childcare providers licensed or certified by the Department of Early Learning in accordance with *WAC 170-296A*.

7.2 The behavioral health agency serving PPW shall provide the parent with information to assist with the selection of an off-site childcare provider when on-site childcare is not available. The information provided by the BHA must include at a minimum:

7.2.1 Direction to the DEL website address for information on selecting childcare services at <http://www.del.wa.gov/care>

Related Policies, Procedures & Materials

- Pierce Behavioral Health Organization policy: AD – 23 *Charitable Choice*
- Pierce Behavioral Health Organization policy: AD – 24 *Identical Treatment*
- Pierce Behavioral Health Organization policy: QA – 08 *Clinical and Administrative Review*
- Pierce Behavioral Health Organization policy: CM – 03 *Timely Access to Care*
- Pierce Behavioral Health Organization policy: CM – 16 *Co-occurring Disorder Screening and Assessment*
- Pierce Behavioral Health Organization policy: CM - 24 *Outreach Services*

Attachments

N/A

Approval History

- Policy created and effective: 4/1/16
- Operational Procedures and Standards Committee reviewed and accepted: 12/28/2016
- Optum Pierce BHO reviewed and accepted: January 2018