




United Behavioral Health

<b>Recovery Support Services for Substance Abuse Block Grant</b>			<b>Policy Identifier/Number:</b> CM-26
<b>Annual Review Completed Date:</b> February 2018			
<b>Policy Category:</b> Government – Pierce Regional Support Network	<b>Applicable Lines of Business:</b> Medicaid	<b>Entity/Plan:</b> Optum Pierce Behavioral Health Organization	<b>State:</b> Pierce County, Washington
<b>Approved by:</b> Bea Dixon, Executive Director			<b>Signature:</b> 

**Policy Statement and Purpose**

Optum Pierce Behavioral Health Organization (BHO) will reimburse Substance Use Disorder (SUD) treatment agencies for providing Recovery Support Services to eligible enrolled individuals.

The purpose of this policy is to describe Recovery Support Services that may be funded by the Substance Abuse Block Grant

**Policy Audience and Applicability**

This policy is applicable to the Optum Pierce BHO and benefits administered through the Washington State Department of Social and Health Services (DSHS) current Prepaid Inpatient Health Plan (PIHP).

**Policy Definitions**

N/A

**Policy Provisions**

1. Recovery Support Services can be provided to assist individuals and their families to become stable and maintain long-term recovery from a substance use disorder. Any individual who receives Recovery Support Services is required to have an individual service plan (ISP) with recovery goals.
2. Recovery plans must be completed in coordination with the individual in treatment and/or their family and the Chemical Dependency Professional (CDP) or a Chemical Dependency Professional Trainee (CDPT) under the supervision of a CDP, to include:
  - 2.1. An individual assessment and level of care that considers:
    - 2.1.1. The needs of the individual and, when appropriate, their family;

Optum is responsible for adhering to all applicable state and/or federal laws governing activities within the scope of this policy, including the Mental Health Parity and Addiction Equity Act (MHPAEA) and the Health Insurance Portability and Accountability Act (HIPAA) privacy requirements, as well as the applicable requirements, standards and regulations as set forth by the Employee Retirement Income Security Act (ERISA), the Center for Medicare and Medicaid Services (CMS), the Department of Labor (DoL), and any applicable accrediting organizations.

- 2.1.2. The extent to which there are established Recovery Support Services, health and human services, and housing; and
    - 2.1.3. The extent of available resources.
  - 2.2. The plan must demonstrate shared decision-making through the use of quotes and the Individual's signature; and
  - 2.3. The plan must also document progress and final interview at the time of program discharge.
3. Services may include: employment services, housing support services (no rent, utilities, or deposits), self-help and support groups, life skills, spiritual and faith-based support, education assistance services, and parent/family education.

#### **Related Policies, Procedures & Materials**

- Pierce Behavioral Health Organization policy: CM-01 *Development of Service Plans*

#### **Attachments**

N/A

#### **Approval History**

- Policy created and effective: April 2016
- Optum Pierce BHO reviewed and accepted: February 2018